



CPPC Newsletter: Madison, Marion & Warren Counties

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What's New with CPPC: Sarah Hohanshelt, CPPC Coordinator



The weather is unfortunately telling us that slick roads and colder temperatures are coming our way. On the bright side, the holidays are here! So far in fiscal year 2016 (FY16), CPPC has been very busy. This newsletter serves as an update on all things Community Partnerships for Protecting Children (CPPC) and a look into what is to come for the remainder of the year!

Community-Based Family Team Meetings (CBFTMs) have seen a drastic decrease in the number of referrals so far in FY16. We are limited on the number of CBFTMs we can do this year (12) due to funding and decreased staff. In talking with our referral sources, most do not want to use up all of their referrals right off the bat. We are hoping to see an increase in referrals in the second half of the year. I am continuing to talk about and promote CBFTMs at each provider meeting. We will be training two new facilitators, Natalie Montross and Lynette Judd in a pilot project to start this spring in Madison County. More information on this exciting opportunity to come. In the first half of the year, we have received one referral and completed one initial meeting. The majority of our referrals come from schools, but can be made by anyone as these are not DHS involved cases. If you would like to make a referral for a

CBFTM please visit www.cppconline1.com and fill out the referral & release of information forms which can be found under the Our Programs > Community Based Family Team Meetings tabs.

Al's Pals is always fun this time of year. With 15 schools/centers, I have been very busy visiting each classroom! I have completed 17 visits in 11 schools/centers. I hope to complete the 4 remaining visits this spring.

I have also placed and received a supply order and paid for one training totaling \$9,494.38. All requested supplies have been delivered to each of the schools and centers. Most will be handing out the music CD to their students this holiday season to take home and share with their families.

The **CPPC website** (www.cppconline1.com) averages over 1,000 page views per week! The site continues to be a great resource for events, trainings, job postings and resources in our three counties. I am continuing to send weekly website updates in FY16. The updates outline all new material posted on the website that week as well as remind subscribers of upcoming events for the week. If

you'd like to be on that mailing list, please visit the website and click Contact then fill out the online form and hit submit!

Our **CPPC Steering Committee** meets monthly on the first Tuesday of each month at 200 S Howard Street. We will not meet in January so our next meeting will be Tuesday, February 2nd.

We currently have vacancies for voting members in Marion and Warren Counties. We are also seeking representation from the faith community, youth, foster/adoptive parents and parents formerly involved with DHS to attend our meetings and provide valuable input. If you are interested in learning more about becoming a voting member or more about CPPC/DCAT please contact me at shohanshelt@gmail.com.

If you would like to be added to the mailing list to be sent meeting minutes and reminders, please email me at shohanshelt@gmail.com. Below are the upcoming meeting dates:

No January Meeting
February 2nd
March 1st

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DCAT Update: Joe Burke, DCAT Coordinator

What is DCAT?
 Decategorization (DCAT) was designed to be a process that combines the individual state appropriations for child welfare services into a single fund to encourage the development of services that better meet the needs of youth and families by allowing the local county flexibility in how these funds are used. Participation by the Department of Human

Services, Juvenile Court Services and the County are required terms of the legislation.

DCAT is an effort to significantly change the child welfare system to one that is needs based, family focused, easily accessible, more intensive, less restrictive and cost effective.

What's New?

The fiscal year 2015 DCAT Annual Progress Report can now be found

at www.cppconline1.com. To view the report hover over the About tab on the homepage then click "Yearly Reports, Plans, etc." and scroll to the link titled "FY15 Annual Progress Report". This report details all programming which is overseen by the Indianola DCAT Cluster including CPPC, Family Team Meetings, CBCAP, Al's Pals, Flex Funding, mini grants, etc.

Additionally, all DCAT Executive Board Meeting minutes can be found

at www.cppconline1.com by hovering over DCAT Governance Board then clicking DCAT Board Minutes. The minutes are added to the website as they are approved by the Board.

If you have any further questions regarding DCAT, please contact Joe Burke at JBurke@dhs.state.ia.us.



Madison County News & Events

A community collaboration group, **Madison County Cares**, meets the fourth Tuesday of each month at Sports Page in Winterset at noon. The winter meeting dates are as follows:

December 22nd
January 26th
February 23rd

Anyone is welcome to attend!

Madison County Cares provides the communities

within the county with several events including: the Health, Wellness and Safety Fair, Drug Drop and Family Fun Day. For more information on these events, come to a meeting or email Lynette Judd at lynjudd@familyresource1.com

Earlham Parent Cafés are taking place January 26th, February 23rd, March 29th, April 19th,

May 24th and June 28th at the Earlham Public Library (120 S Chestnut Avenue). These cafés feature conversation, listening and learning from each other. Refreshments will be served. You can RSVP to Bonnie at 515.250.8579 or Janet at 515.205.8981.

For more Madison County events visit www.cppconline1.com.

“Check out the local provider meetings to get up-to-date information on events and needs within your community!”

Marion County News & Events

The **Marion County Provider’s** group meets the first Monday of each month at 9:30 a.m. at Marion County Public Health (2003 N Lincoln, Knoxville).

The goal of this group is to bring together local community partners, school staff, mental health providers, etc. to share information regarding

events, concerns, needs, etc. within the communities in Marion county. Each month, an agency is also selected to give a presentation which details the services they provide within the county.

The winter dates for this meeting are:

December 7th
January 4th

February 1st

For more information, contact Teresa Higginbotham at thiggin@marionph.org

Crisis Intervention Services is holding a poinsettia **fundraiser**. To order your plant(s), please contact Evy at 641.670.1505.

For more Marion County events visit www.cppconline1.com.

Warren County News & Events

The **Warren County Provider’s** group meets the 2nd Tuesday of each month at 9 a.m. at Indianola Schools Administration Office Board Room. This group meets to distribute information among school staff, community partners, mental health providers, etc. Anyone is welcome to attend! The winter meeting dates are as follows:

December 8th
January 12th
February 9th

For more information, contact Kyla Bandstra at kyla.bandstra@indianola.k12.ia.us.

The **Warren County 1st Five Coalition** meeting for December will be held on the 15th at 12:00pm in the Indianola Public Library

(207 N B Street). Emmalee Bowlin with Warren County General Relief will be presenting. Lunch is provided so please RSVP to Veronica at 515.961.1074 or VeronicaM@co.warren.ia.us.

For more Warren County events visit www.cppconline1.com.



Dressing Children for Winter

It looks like we're in for another cold, Iowa winter. For a lot of us, there are many questions concerning the safety of our children in this cold weather. How many layers are too many? How long should I let my child(ren) play outside? Follow these tips for safe play this winter:

- Eat a snack before going outside (extra calories give their body energy)
- Wear sunscreen on exposed skin (faces)
- Layer clothing
- Wear appropriate clothing (hats, mittens, boots, etc.)
- Go inside when being cold becomes unpleasant
- Do not allow children to play outside in extreme weather situations
- Remove wet clothing and boots immediately

- Never sled on or near roads

Sources:

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2794526/>

http://kidshealth.org/parent/firstaid_safe/outdoor/winter_safety.html#

If your children are in need of winter clothing this year, please contact one of the agencies listed for your county.

In Madison County...

MATURA/Madison County Multi-Purpose
1724 N John Wayne Drive
Winterset, Iowa
515.462.4704

CRISP

110 W Washington
Winterset, Iowa

515.462.9400

crisp@familyresourcelink.org

In Marion County...

All For The One Clothing Pantry
308 W Dallas Street
Pleasantville, Iowa
515.848.5172

Helping Hands
110 W Main Street
Knoxville
641.842.6933

In Warren County...

Helping Hand
109 E Clinton Avenue
Indianola
515.961.3864

Necessity Pantry For Warren County
105 W Clinton Avenue
Indianola
515.961.1074

Carbon Monoxide & Fire Safety

Preventing **carbon monoxide** poisoning is probably not something you are thinking about as we approach the busy holiday season, but there are several things you can do to prevent a potential tragedy. Here are a few easy things you can do:

- Have heating systems serviced annually by a service technician
- Never use your oven to heat your home
- Install carbon monoxide detectors near or in each bedroom
- Know the symptoms of carbon monoxide poisoning

It's important to know the symptoms of carbon monoxide poisoning to prevent possible death. Early symptoms of carbon monoxide exposure are similar to the flu and include:

- Headache
- Nausea
- Dizziness
- Fatigue
- Shortness of breath

Continued exposure to carbon monoxide can result in:

- Mental confusion
- Vomiting
- Loss of coordination
- Loss of consciousness
- Death

Source: <http://www.cpsc.gov/en/Safety-Education/Safety-Education-Centers/Carbon-Monoxide-Information-Center/Protect-Your-Family-from-Carbon-Monoxide-Poisoning--/>

House **fires**, generally speaking, are most common in the fall and winter...peaking in December and January. Doing all that you can to prevent a house fire and completing the necessary steps to prepare yourself in advance in the event that your home is on fire can help decrease the chance of serious injury and death drastically.

- Install smoke alarms on all levels of your home and in bedrooms
- Test smoke alarms monthly

- Create a fire escape plan with all household members
- If your house is on fire, get out of the home, do not reenter the home and call 9-1-1

The following link is a great source for facts on house fires in the United States: http://www.redcross.org/images/MEDIA_CustomProductCatalog/m4340093_FireFAQs.pdf

For more information on house fire prevention or for assistance in obtaining fire prevention supplies (smoke alarms, fire extinguishers, etc.), please contact the Des Moines Chapter of the American Red Cross at (515) 243-7681 .

Source:

<http://www.redcross.org/prepare/disaster/home-fire>

**Community Partnerships for
Protecting Children**

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Indianola, Iowa 50125

Phone: (515) 468-8181
E-mail: shohanshelt@gmail.com



Community Partnerships for Protecting Children (CPPC) is an approach that strives to keep children safe from abuse and neglect and to support families. This approach recognizes that keeping children safe is everybody's business, CPPC provides opportunities for community members to come together, help families in times of need and shape the services and supports provided.

We're on the Web!

www.cppconline.com