***Attachment D***

***Project Proposal Name PARENT CAFÉS Name of Agency or Individual COMMUNITY RESOURCES IN SERVICE TO PEOPLE***

***County MADISON Amount AWARD $7,550***

**Indianola DCAT Mini Grant Projects**

**Q2 RESULTS MATRIX FY16**

|  |  |  |  |
| --- | --- | --- | --- |
| **Goals**  **&**  **Objectives** | **Program/Service**  **Components** | **Action Steps**  **and**  **Time Frames** | **Program/Service Outcome & Performance Measures**  *(What is the expected measurable result? How will it be measured throughout the project period?)* |
| **In Q2>** In Q2 we accomplished working on the following at 3 Parent Café sessions equaling one Café Series.  Promoted peer-to-peer family/parenting support.  Encouraged community based, parent driven communication with local community organizations.  Encouraged participants to be more aware of themselves and what they want for their lives.  Increased network support for parents outside of the “traditional” service organizations.  4 Parent Table Hosts were further developed. These table hosts show great potential in becoming great parent community leaders. An additional parent leader has been identified as a potential future parent facilitator for Parent Cafés and will be so mentored in the future. Identifying and developing Parent Leaders is the ultimate goal of Parent Cafés and we saw this at work in Madison County.  The lives of an estimated 18.2 Madison County children were impacted by Parent Cafés to date based on a 2.6 child average per parent family (7).  **In Q1** >we successfully developed a strong parent leader who will actually assist with facilitation and not only table hosting.  Promoted increased network support for parents outside of the “traditional” service organizations in our targeted ads and/or discussions with parents while promoting the upcoming café series. | **In Q2>** 3 sessions (1 café series) took place in Q2. The themes were:   * Taking Care of Yourself * Full Time Parent – Full Time Job * Staying Positive for You and Your Kids   The following Strengthening Families Protective Factors were covered:   * Resilience * Support * Relationships * Communication * Knowledge   3 Parent Table Hosts received an additional 15 mins of leadership training and Protective Factors Training for each of the 3 café sessions (45 mins total).  An additional 5 hours for each session for each facilitator was used to prep the café, locate & organize the parents, and account for additional Q&A time needed, table host trainings, and survey/paperwork, etc.  **Q1>** The first café series for FY16 will be titled “Parent Zone” and it will be held on 10/21, 10/28 and 11/11. Several other dates in calendar year 2016 have also been planned for the 2nd, 3rd and 4th series of cafés. The hours are 5:30-7:00 p.m. on Wednesdays. This café was planned at a time with daycare or activities for kids are available in the community at churches or other locations.  The initial session questions will focus on: Taking Care of Yourself, Being a Strong Parent, and Building Strong Relationships with Your Children. | **Q2>** Held 3 sessions/events in October & November or 1 café series and surveyed parents at each event.  Held 2 planning sessions in Q2 and set dates & times for 3 café sessions for Q3 (Jan. through March). More will be organized at January planning meeting. Also worked on marketing and promotions.  **Q1>** Created facilitator contracts & identified facilitators and 5 parent table hosts to date. We don’t know if these parents will be able to attend all sessions at this time though.  Provided refresher training and planning for facilitators.  Set dates, times and theme for the first 3 café sessions or first café series. Also set tentative dates for the other 9 sessions in calendar year 2016. | **Q2>** 100% of participating families improved or maintained healthy functioning, problem solving and communication (Protective Factor Survey)  100% of participating families increased or maintained social supports (Protective Factor Survey)  100% of participating families connected to additional concrete supports (Protective Factor Survey)  100% of participants increased knowledge about child development and parenting (Protective Factor Survey)  100% of participants improved nurturing and attachment between parent(s) and child(ren) (Protective Factor Survey)  **Q1>** No café sessions were held to date, therefore, no survey results could be reported for Q1. |

**Comments from Parents Attending:**

*Let’s keep this going!”*

*I will try to take more time for my family*

*Loved it, very helpful and eye opening.*

*I just would like this good experience for more parents.*

*I want the funders to know to never stop this program. It’s really very helpful.*