



# Health Navigation

## How Can We Connect You?

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### WHAT TO EXPECT WHEN YOU CALL HEALTH NAVIGATION

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- ✓ We will ask for some personal information about who you are and why you are calling.
- ✓ A Health Navigator will be assigned to you and will reach out within three business days.
- ✓ The Health Navigator will schedule a time to visit with you, either in your home or a location of your choice.
- ✓ During the first visit the Health Navigator will ask you some questions, learn more about you, and help set goals.
- ✓ Future visits will be scheduled, as your Health Navigator helps you reach your goals.

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### HEALTH NAVIGATORS CAN CONNECT YOU TO

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Food Assistance



Childcare



Housing Assistance and Supports



Employment



Utility Assistance



Healthcare Access



Transportation Options



Treatment Providers



Domestic Violence Supports



And More!

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### CONTACT INFORMATION

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Call: 515-690-9190

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