



## Pella Caregiver Support Group

**Presented by:**

**Alzheimer's Association**

**Iowa**

First Tuesday of Every Month

4:00 p.m. - 5:00 p.m.

Pella Public Library Meeting Room

603 Main St.

Pella, IA 50219

Iowa Chapter

515-440-2722

[iowa@alz.org](mailto:iowa@alz.org)

\*This support group is not sponsored by the Pella Public Library.\*

**Build a support system with people who understand.**

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.